10 Day Reef Suntanner Reverse

DAY 1 Cairns
We kick off our voyage in the tropical town of Cairns. Get a feel for the rainforest today, as we visit the nearby village of Kuranda – discover the community's arts and crafts and get up close and personal with some of the local wildlife, including an optional koala cuddle. Take up the option of the Skyrail back to Cairns, which gives you the chance to glide metres above the rainforest canopy.

DAY 2 Cairns
An exhilarating combination of reef meets rainforest, Cairns offers fun for all kinds of visitors. Today you've got plenty of optional activities to choose from, including diving on the Great Barrier Reef, white water rafting, skydiving, quad biking or even hot air ballooning! Tropical North Queensland is your oyster – tell us all about it over dinner (own expense). (B)

DAY 3 Cairns to the Whitsundays
Heading south today, we first reach the resort town of Airlie Beach, the launching point for many a Whitsunday adventure. From here, we'll set sail for the next two nights aboard a charter yacht that'll give you a taste of true paradise. It's the definition of idyllic! (B, D)

DAY 4 The Whitsunday Islands/Whitehaven Beach
For many people, today would be the pinnacle of any holiday. Sail across azure waters, discovering remote beaches and colourful coral reefs. We'll stop off at Whitehaven Beach, truly one of the most spectacular beaches known to man. Soak up the sun, swim in the tropical ocean, take a turn at the helm and indulge in some stargazing by night. (B, L, D)

DAY 5 The Whitsundays to Emu Park
Back on dry land, the group heads south for the coastal town of Emu Park. A relaxed locale set smack bang on the Pacific Ocean, take things slow here and enjoy a swim in the pool. Maybe take a walk along the beach, which naturally stretches on for miles in either direction. Tonight we'll feast on a "reef and beef" dinner, which is sure to sate any appetite. (B, D)

DAY 6 Emu Park to Kroombit
First things first, we'll make a brief stop in Rockhampton, the Beef Capital of Australia. Heading inland from here, get a taste of Outback hospitality as we arrive at a working cattle farm spread over 10,000 acres! Explore the tranquil surrounds, possibly with a spot of optional goat mustering, quad bike riding, horse riding or trap shooting. Then we'll witness the infamous afternoon "goat rodeo", before settling around the campfire and swapping stories. (B, L, D)

DAY 7 Kroombit to Fraser Island
Say goodbye to the Outback for now, as we head for the coast and an island almost totally untouched by humans, Fraser Island. Jumping on the ferry, we'll reach the world's largest sand island in a short time. The place is brimming with natural beauty and sure to leave you with many wonderful memories. (B, D)

DAY 8 Fraser Island – Great Sandy National Park
A World Heritage site, Fraser Island continues to amaze visitors with its natural beauty. Travel through sand dunes hundreds of metres high, explore rainforests teeming with wildlife. Then join our 4-wheel drive tour that stops at pristine inland lakes ideal for swimming. This is your chance to get back to nature. (B)

DAY 9 Fraser Island to Gold Coast
From remote wilderness to cosmopolitan charms, we move through to the tourist destination of Surfers Paradise. First though we'll stop off in Brisbane, state capital. Enjoy a meander around the city, indulge in a spot of shopping or just relax over a coffee. Then it's the bright lights, big city feel of the Gold Coast – we'll head to the Surf Club for dinner, before exploring some of those bright lights. (B, D)

DAY 10 Gold Coast
We've got a free day here – take in the awesome beaches, thrill your inner adrenalin junkie with a visit to the many theme parks, or make some new friends with a visit to Australia Zoo. Whatever you choose, you're bound to enjoy a slice of true Australian hospitality. It's here that we'll wave goodbye to our new-found friends. (B)