

14 Day Island Suntanner Reverse

DAY 1 Cairns

Get a feel for the rainforest today, as we visit the nearby village of Kuranda – discover the community's arts and crafts and get up close and personal with some of the local wildlife, including an optional koala cuddle. Take up the option of the Skyrail back to Cairns, which gives you the chance to glide metres above the rainforest canopy.

DAY 2 Cairns

An exhilarating combination of reef meets rainforest, Cairns offers fun for all kinds of visitors. Today you've got plenty of optional activities to choose from, including diving on the Great Barrier Reef, white water rafting, skydiving, quad biking or even hot air ballooning! Tropical North Queensland is your oyster – tell us all about it over dinner (own expense). (B)

DAY 3 Cairns to the Whitsundays

We start our voyage in the resort town of Airlie Beach, the launching point for many a Whitsunday adventure. From here, we'll set sail for the next two nights aboard a charter yacht that'll give you a taste of true paradise. It's the definition of idyllic! (D)

DAY 4 The Whitsunday Islands/Whitehaven Beach

For many people, today would be the pinnacle of any holiday. Sail across azure waters, discovering remote beaches and colourful coral reefs. We'll stop off at Whitehaven Beach, truly one of the most spectacular beaches known to man. Soak up the sun, swim in the tropical ocean, take a turn at the helm and indulge in some stargazing by night. (B, L, D)

DAY 5 The Whitsundays to Emu Park

Back on dry land, the group heads south for the coastal town of Emu Park. A relaxed locale set smack bang on the Pacific Ocean, take things slow here and enjoy a swim in the pool. Maybe take a walk along the beach, which naturally stretches on for miles in either direction. Tonight we'll feast on a "reef and beef" dinner, which is sure to sate any appetite. (B, D)

DAY 6 Emu Park to Kroombit

First things first, we'll make a brief stop in Rockhampton, the Beef Capital of Australia. Heading inland from here, get a taste of Outback hospitality as we arrive at a working cattle farm spread over 10,000 acres! Explore the tranquil surrounds, possibly with a spot of optional goat mustering, quad bike riding, horse riding or trap shooting. Then we'll witness the infamous afternoon "goat rodeo", before settling around the campfire and swapping stories. (B, L, D)

DAY 7 Kroombit to Fraser Island

Say goodbye to the Outback for now, as we head for the coast and an island almost totally untouched by humans, Fraser Island. Jumping on the ferry, we'll reach the world's largest sand island in a short time. The place is brimming with natural beauty and sure to leave you with many wonderful memories. (B, D)

DAY 8 Fraser Island – Great Sandy National Park

A World Heritage site, Fraser Island continues to amaze visitors with its natural beauty. Travel through sand dunes hundreds of metres high, explore rainforests teeming with wildlife. Then join our 4-wheel drive tour that stops at pristine inland lakes ideal for swimming. This is your chance to get back to nature. (B)

DAY 9 Fraser Island to Gold Coast

From remote wilderness to cosmopolitan charms, we move through to the tourist destination of Surfers Paradise. First though we'll stop off in Brisbane, state capital. Enjoy a meander around the city, indulge in a spot of shopping or just relax over a coffee. Then it's the bright lights, big city feel of the Gold Coast – we'll head to the Surf Club for dinner, before exploring some of those bright lights. (B, D)

DAY 10 Gold Coast

We've got a free day here – take in the endless beaches, thrill your inner adrenalin junkie with a visit to the many theme parks, or make some new friends with a visit to Australia Zoo. Whatever you choose, you're bound to enjoy a slice of true Australian hospitality. (B)

DAY 11 Gold Coast to Byron Bay

We make tracks from Surfers today, heading for the state of New South Wales and the eclectic resort town of Byron Bay. On the way we stop at the "Natural Arch", a spectacular natural site that's bursting with beauty. Once we reach our destination, we'll check in at the accommodation and head out to explore the town. (B)

DAY 12 Byron Bay

A full day in Byron leaves you with a veritable cavalcade of options: try out skydiving, sea kayaking or diving, perhaps? Maybe you'd prefer to experience the arts and crafts of the local area, or take a walk to Cape Byron. Then again, the beach could be calling your name... (B)

DAY 13 Byron Bay to Central Coast

Start the day the right way, with Topdeck's famous Gourmet Picnic Brunch. Then we'll head further south, passing through the coastal towns of Coffs Harbour and Kempsey, home of the "Akubra" hat. Once we hit the Central Coast, get ready for a surf lesson and carve up the waves! (Brunch, D)

DAY 14 Central Coast to Sydney

We've got time for one more dip in the ocean, with another surf lesson. Then in the afternoon we'll head down the Pacific Highway, through Ku-ring-gai Chase National Park and across the Sydney Harbour Bridge to our final destination. We're sure you'll have enjoyed yourself! (B)