

Topdeck

PLAY & PAUSE: CANADIAN ROCKIES



TRIP CODE:
TCRKK2

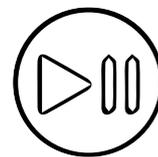
TOPDECKER, meet North America (TD)

(Previously called: Canadian Rockies) TRIP VIBE = the perfect mix of group activities and all-important YOU time. Words can't describe how BREATHTAKING this place is, so why would we try? Instead, we've packed the best of Canada's national parks into one immense 10-day adventure. Discover vast valleys, magical mountains, glistening glaciers and wondrous waterfalls. And get heaps of time to play YOUR way. Ready to discover whether the Rockies really live up to the rep? Spoiler: they 100% do.

WORTH NOTING...

A Sector trip is part of a larger journey, meaning your new friends might continue on or after you leave, or you might be joining a trip already in progress.

WHAT YOU NEED TO KNOW



Play & Pause



Nights



Android/iPhone
app download
info



This is a sector
trip.

Hi, and thanks for choosing to holiday with Topdeck

You can rest assured that we'll pull out all the stops to make your trip unforgettable.

Now it's time to get excited about your holiday...

ABOUT YOUR TRIP NOTES

These Trip Notes contain everything you need to know before your trip departs – including where to meet and what to bring. We recommend that you read these notes thoroughly so you know what to expect on your trip of a lifetime. Also, you can easily download and print this document off so you can bring it with you when you travel.

Please bear in mind that some points should be taken as a guide only – after all, everyone's different! For example, daily spending money and clothing lists can vary from one person to the next, so don't be alarmed if you don't expect to spend (or even wear) so much!

PLEASE NOTE: We strongly urge you to refresh this document as close to the time of your departure as possible to ensure you have the most up-to-date accommodation list and information available.

ON THE BUCKET LIST (INCLUDED)

- + Orientation walk of Vancouver with Trip Leader
- + Drive through Glacier and Yoho national parks
- + Entry to Banff and Jasper national parks
- + Visit Lake Louise and Moraine Lake
- + Orientation walk of Banff with Trip Leader
- + Orientation walk of Jasper with Trip Leader
- + Orientation walk of Sun Peaks with Trip Leader
- + Orientation walk of Whistler with Trip Leader
- + Visit Shannon Falls
- + Visit Stanley Park

MORE INCLUSIONS

- + Orientation walk of Vancouver with Trip Leader
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- + Drive through Yoho National Park
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YOUR TRIP WILL START

PICK UP:

Vancouver
Canada

YOUR TRIP WILL FINISH

DROP OFF:

Vancouver
Canada

TRIP CURRENCIES

- + Canada -

YOUR ITINERARY

DAY 1 | VANCOUVER, BRITISH COLUMBIA

This is it. The Canadian adventure you've been dreaming of. Touch down in Vancouver, meet the small bunch of travel buds sharing the ride, and get excited for how incredible the next 10 days are going to be. After a whip around town with our Trip Leader, it's time to get to know the fam better at tonight's included dinner. We might be a mixed bunch, but we're all in it together.



MEALS:

+ Dinner



INCLUDED TODAY:

+ Orientation walk of Vancouver with Trip Leader

DAY 2 | VANCOUVER TO OKANAGAN REGION

Catch ya later Vancouver – today we're heading eastwards. First: here comes the bride. Well, a waterfall that looks like one, anyway. We'll take a hike up to the spectacular (and slippery) Bridal Veil Falls. Then, stick your head out the window (not literally) as we wind our way through Fraser Valley, over the Coquihalla Pass and into Canada's version of Tuscany: the beaut, vineyard-packed Okanagan Valley. Tonight, chill at the hotel and prepare for more unfiltered and unREAL landscapes in the morning.

DAY 3 | OKANAGAN REGION TO BANFF, ALBERTA

Another day, another jaw-dropping drive through the wilderness. This time, we'll take the Trans-Canada Highway through Glacier and Yoho national parks. Stop for a photo at Emerald Lake (no prizes for guessing how it coined the name) before we continue the drive to Banff. Ready to turn it up a notch? Take an optional trip down the rapids of Kicking Horse River. Disclaimer: nobody said it would be a smooth ride. After an orientation tour of Banff, dinner tonight is on us. Later, get your trip mates together and whip out your best impersonation of a dancing sasquatch at a local bar. Warning: small group size = all your moves on show.



MEALS:

+ Breakfast
+ Dinner



INCLUDED TODAY:

+ Drive through Glacier National Park
+ Drive through Yoho National Park
+ Entry to Banff National Park
+ Orientation walk of Banff with Trip Leader



OPTIONAL ACTIVITIES:

+ Whitewater rafting in Banff: from 185 CAD

DAY 4 | BANFF

Banff is National Geographic on steroids. Like serious Schwarzenegger steroids. Rise early(ish) for an included visit to Lake Louise and Moraine Lake. Recognise them from your MacBook screensaver? Make the most of your free time by hiking to the viewpoints around the lakes or squeezing in some kayaking on the aquamarine water. Back in Banff, you're free to do whatever you want. Need suggestions? Ride the Sulphur Mountain Gondola for epic views over the sweeping mountain ranges. Or for those with a heightened sense of adventure: tackle the Via Ferrata mountain climb. Then swap the adrenaline rush for a sugar rush – beaver tail, anyone?



INCLUDED TODAY:

+ Visit Lake Louise and Moraine Lake



OPTIONAL ACTIVITIES:

+ Via Ferrata climb in Banff: from 130 CAD
+ Ride the Sulphur Mountain Gondola: from 55 CAD

DAY 5 | BANFF TO JASPER NATIONAL PARK

Hope you remembered to charge your camera last night. Today's drive along the Icefields Parkway is particularly 'holy sh*t'-worthy. Play musical chairs on the coach trying to capture the best angles of the passing landscape and keep your eyes peeled for Yogi Bear. After an included lunch and a quick stroll around Jasper, the rest is up to you. Our hot tip? Get your grill on at one of the town's steakhouses. Or sit back, relax, and soak up the alpine AF vibes in a cosy café bar. This is what you came for.



MEALS:

+ Lunch



INCLUDED TODAY:

+ Entry to Jasper National Park
+ Orientation walk of Jasper with Trip Leader

DAY 6 | JASPER NATIONAL PARK

They say bigger is better – so, this is your chance to put Jasper to the test. With over 10,800 square kilometres of wildlife-filled forests, glassy lakes, roaring waterfalls and gobsmacking mountain ranges – Jasper National Park is just begging to be explored. See more on two wheels with optional mountain bike hire. Strap on those hiking boots and tackle the trails. Rent a canoe at Beauvert Lake. Or head up to Fairmont Jasper Park Lodge for a feed with a view. There's even a brewery in town if that's more your style. It's 100% up to you.



MEALS:

+ Breakfast



OPTIONAL ACTIVITIES:

+ Mountain bike hire in Jasper: from 35 CAD

DAY 7 | JASPER NATIONAL PARK TO SUN PEAKS, BRITISH COLUMBIA

Time to live the high life. Enter: Mount Robson – the highest point in the Canadian Rockies. Stop for some sick views and to snap a pic for mum. Then, it's onwards to Sun Peaks. Surrounded by looming mountains and quaint high streets, this place is a little slice of Europe in the middle of British Columbia. You'll have time to take the chairlift up the mountain for some more hiking and insane views. Practise your swing at the golf course. Or roam through the turreted lodges and neat rows of pine trees. This place is a mood.



MEALS:

+ Breakfast



INCLUDED TODAY:

+ Orientation walk of Sun Peaks with Trip Leader

DAY 8 | SUN PEAKS TO WHISTLER

Tums full after another included brekkie, we'll pass the small towns and Indigenous communities of British Columbia en route to Whistler. The holy grail of ski resort towns, you'll be surprised at how much more there is to do when the snow melts. After getting our bearings on a walk around the village with our Trip Leader, the afternoon is up to you. Check out the legendary Whistler Mountain Bike Park. Or tackle that fear of heights with a rise on the Peak 2 Peak Gondola. Need some time out from all the adventuring? Head back to your accom and make a plan for your free day tomorrow.



MEALS:

+ Breakfast



INCLUDED TODAY:

+ Orientation walk of Whistler with Trip Leader

DAY 9 | WHISTLER

This is your day, your way. So, make every second count. Our suggestion? Get involved in some optional zip-lining. There are different choices for different levels of crazy – including The Sasquatch: the longest zip-line in Canada and USA. Or take your togs and head to the Lost Lake for a swim. There's plenty of hiking, biking and wine-tasting too. Go get it. Tonight, we'll get together for one last group dinner. Try not to cry into your pint as we give this awesome trip the send-off it deserves. Cheers to that!



MEALS:

- + Breakfast
- + Dinner



OPTIONAL ACTIVITIES:

- + Zip-lining in Whistler: from 95 CAD

DAY 10 | WHISTLER TO VANCOUVER

Enjoy a sleep in or one last hike on the trails – we'll roll out mid-morning. The crazy-good landscapes aren't over yet though! Following the Sea to Sky Highway, there's a couple of stops to make at Shannon Falls and Stanley Park before we reach Vancouver. Time to say goodbye – or not. There are over 40 brew houses in this capital, just sayin'.



MEALS:

- + Breakfast



INCLUDED TODAY:

- + Visit Shannon Falls
- + Visit Stanley Park

TIPPING

NO TIP NECESSARY

Your Topdeck Trip Leaders and Drivers never expect tips, and they won't ask for any either. We also know how much tipping can cost you. So go ahead – spoil yourself with the money you save traveling with us (just don't forget Mum's souvenir).

TOPDECK TRAVEL APP

Our app is available to download before you travel. With a range of cool features including a currency converter, budget planner, check-in tool and group chat, it'll help you plan your trip like a pro. Think of it as your very own Topdeck Trip Leader in the palm of your hand.

TRIP GROUP CHAT

Connect with your fellow Topdeckers before you depart and begin your magical friendship in the flash of a winking face emoji.

ITINERARY VIEWER

Get the lowdown on where you'll be going and what activities you'll be doing on each day of your trip with this handy little tool.

CHECK-IN

Plug in all your vital deets and we'll keep them safe for when you really need them. Making your life easier, one swipe at a time.

BUDGET TRACKER

Keep an eye on your holiday spending, leaving you with more FUN-ds to play with. Think: elaborate Spanish feasts (not questionable supermarket sandwiches).

MAPS

Navigate your way to meeting points and lesser-known local gems using pins dropped by your Trip Leader, seek out your own bucket list sites and take to the streets like a pro.

Once the trip is over, you'll need the app to give us feedback about your trip experience. We love to hear what you thought about your trip, as it helps to give us an idea of the things we're doing well and the things we could be doing better.

PLEASE NOTE: The Topdeck Travel App should only be downloaded once you have booked your trip. You will not be able to log in unless you have a Topdeck booking reference number.

[GET IT FOR IPHONE](#)

[GET IT FOR ANDROID](#)



PASSENGER SAFETY

NIGHTS OUT

One of the best parts of travelling is experiencing the nightlife and entertainment each city has to offer. However, amidst the fun and excitement, it's important to be aware of your surroundings and personal safety as well. Before you hit the road with us, be sure to familiarise yourself with the following safety information.

When you're on a night out, remember to avoid walking alone, particularly through deserted areas like beaches and back streets. Always stick together, take a registered taxi where possible, and keep a note of your accommodation details so you can find your way back to your fellow Topdeckers if you become separated. It's also a good idea to get your Topdeck trip mates' mobile numbers in case you need to get hold of them while out and about.

In some countries, alcoholic measures can be considerably larger than what you may be used to. Try to keep track of what you're drinking, and if you see one of your trip mates looking a little worse for wear, take them back to your accommodation. Never leave your drink unattended.

It's also important to be aware that what you might consider harmless flirting may be interpreted differently in some countries. Be yourself and have fun, but stay savvy – you don't want to find yourself in an uncomfortable situation.

RESPECTING FELLOW PASSENGERS

Here at Topdeck, we're all about inclusivity. We want to make sure that everyone has a great time on our trips, and that everyone feels like they're part of one happy Topdeck family.

What we're not about is excluding people or making them feel like they don't belong – that's just not what families do. That's why we always encourage Topdeckers to be kind and courteous to their fellow passengers. The golden rules? Always remember to respect each other's space, be mindful of causing excessive noise in shared accommodation and treat others how you'd wish to be treated yourself. Easy!

DRUG USE

Topdeck has a strict zero-tolerance drug policy. Passengers should not bring any illegal substances onto the Topdeck coach or into any of the accommodation we stay in on our trips. This includes marijuana, even if it is legal in some of

the states your trip passes through. If you are found in possession of drugs, you will be removed from the trip. All instances of drug possession will be reported to Topdeck Head Office, who may consider alerting the relevant authorities.

REMEMBER – if you are found in possession of drugs, not only could you risk getting in trouble with the local police, but our Driver will also be held responsible if drugs are found on the Topdeck coach. Trust us, you wouldn't want that to happen to any of our Drivers – they're awesome.

MENTAL HEALTH AND WELLBEING

Culture shock, homesickness, random periods of feeling down – these things happen and are totally normal. You can rest assured that if you're feeling low, your Topdeck crew will do their utmost to cheer you up again.

Measures you can take to look after your mental health and wellbeing while on the road with us are:

- + Call home. Sometimes it's nice to hear a familiar voice and have a good old-fashioned catch up with your loved ones
- + Eat well. Never underestimate the power of a good, wholesome meal. Nobody feels at their best when they're hungry!
- + Drink responsibly. Not only will you swerve the dreaded hangover, but by keeping an eye on what you drink, you could also avoid getting into any potentially uncomfortable situations
- + Talk to your Trip Leader. Don't forget, they're probably far from home, too – so they're sure to know of some tried-and-tested ways to beat the blues
- + Integrate with your fellow Topdeckers. This one is key! The more fun you're having on your trip, the less likely you are to feel homesick (trust us).

HOW TO BE A RESPONSIBLE TRAVELLER

Responsible travel isn't difficult to achieve. With a little conscious thought and preparation, you can have an awesome holiday AND have a positive impact on the places you visit. Sweet!

Here are five things you can do to ensure you're travelling responsibly:

- + Conserve water. You know the drill – reuse your hotel towels, take short showers and remember to turn off the tap when you're brushing your teeth
- + Reduce your waste. Ditch the plastic bag, refuse unnecessary packaging, dispose of your waste responsibly and recycle as much as possible
- + Go local. Hunt down locally owned and operated restaurants and bars, shop in local markets and book tours and activities run by local guides
- + Consider the wildlife. Avoid any attractions that involve closely engaging with wild animals
- + Respect local people and culture. Obeying local laws is a given – but also remember to dress and behave in a manner appropriate to the community. Be polite and keep an open mind!

OTHER INFORMATION

INSURANCE

Before your trip departs, it's compulsory for all passengers to take out comprehensive travel insurance covering cancellation, medical expenses (including repatriation), loss or damage to baggage and personal belongings, money and personal liability.

World Nomads provides comprehensive travel insurance for people from over 140 countries. For more information, visit www.topdeck.travel/travel-insurance.

PASSPORTS AND VISAS

Please make sure your passport is valid for at least six months after the last day of your trip. Some countries will refuse entry if you do not have at least six months validity remaining on your passport after your departure date. Depending on your nationality, you may require a visa to enter certain countries.

It is your responsibility to obtain visas prior to your trip departure. To determine which visas you'll need, you can consult either your own government's website or the government websites of the countries in which you will be travelling.

PLEASE NOTE: Some visas can take up to six weeks to acquire, so don't leave it until the last minute. Also, bear in mind that the validity of a visa often runs from its date of issue rather than the date of entry into the country. Please check with the appropriate embassy/embassies prior to departure, as requirements do change periodically.

WHAT TO BRING

Based on our experience, these items are key. Everyone's different though – so if you want to bring more or less, go for it (as long as you don't exceed your 20kg allowance, that is!)

Heading on our Namaste India trip? Your luggage is capped at 15kg, so maybe leave the hairdryer at home.

- + 1 pair of comfortable walking shoes
- + 1 pair of smart casual shoes
- + 1 pair of thongs/jandals/flip-flops
- + 2 pairs of jeans/trousers
- + 2 pairs of shorts/skirts
- + 4 shirts/T-shirts
- + 2 sweaters/jumpers
- + Smart casual evening wear
- + 1 rainproof jacket
- + 1 warm jacket
- + Underwear and socks
- + Swimwear
- + Towel
- + Toiletries
- + Hat and sunscreen
- + Basic medical kit (including plasters, aspirin etc)
- + Insect repellent
- + Conversion plug
- + Reusable water bottle
- + Snow gear



THAT'S IT!