



TOPDECKER, meet Asia (TD)

TRIP VIBE = iconic sights and in-depth adventures with a local Trip Leader. Remember when you spent that INCREDible week soaking up all the sushi, sake, soba and shrines Japan could throw at you? Huh, that wasn't you. Then what are you waiting for?! This intro to Japan is all about the weird-and-wonderful in Tokyo, the ancient wonders of Kyoto, and the foodie delights of Osaka. Swipe right for a week's worth of mind-blowing Japanese culture. You won't regret it.

WHAT YOU NEED TO KNOW



Delve Deep



Nights



Download app



Meals

Thanks for choosing to holiday with Topdeck

Ready for the time of your LIFE?

The countdown's on...

ABOUT YOUR TRIP NOTES

These Trip Notes contain everything you need to know before your trip departs – from where to meet your Topdeck fam to what we suggest you bring.

Read them on the train, in the supermarket queue or on the loo – we don't mind, just look through them carefully so you know what to expect on your trip. We recommend you download this document so it's with you when you travel (and give a copy to your MVPs so they know what you're up to).

IMPORTANT: please refresh this doc as close to your departure as possible. This means you'll have the most up-to-date info available.

INCLUDED EXPERIENCES

- Visit the Meiji Shrine
- Walking tour of Harajuku and Shibuya with Trip Leader
- Group karaoke experience
- Visit the Fushimi Inari Shrine
- Train ticket to Kyoto
- Walking tour of Kyoto with Trip Leader (including Kinkaku-ji Temple)
- Visit the Arashiyama bamboo forest
- Train ticket to Osaka
- Food tour of Osaka's backstreets

YOUR TRIP WILL START

PICK UP:

Tokyo
Japan

YOUR TRIP WILL FINISH

DROP OFF:

Osaka
Japan

TRIP CURRENCIES

- Japan - JPY

YOUR ITINERARY

DAY 1 | TOKYO (JAPAN)

Seven days. Three legendary cities. And all the ancient temples, glittering skyscrapers, quirky neighbourhoods and local eats you can handle. Ready to experience this jaw-dropping country properly? You're in exactly the right place. First: say konnichiwa to your fellow explorers. Then: prepare for your first taste of Japan – we've got a group dinner in the traditional Asakusa district lined up. Yep, you're really here.



MEALS:

- Dinner

DAY 2 | TOKYO

Rise and shine! We're off to check out Meiji Jingu this morning – Tokyo's grandest Shinto shrine. Take in all the spiritual vibes, make an offering and wander the blooming (or not) gardens. Next, we're heading to the uber-kooky Harajuku district (aka cosplay heaven) with our in-the-know Trip Leader. Expect: neon tutus, rainbow-coloured wigs, bubble tea and fairy floss. We'll also swing by the iconic Shibuya Crossing. It's all the crazy. Later: thought you could come to Japan and not get involved in some K-A-R-A-O-K-E? Think again! Gather the gang and bust out some bangers at tonight's included karaoke bar experience.



MEALS:

- Breakfast



INCLUDED TODAY:

- Visit the Meiji Shrine
- Walking tour of Harajuku and Shibuya with Trip Leader
- Group karaoke experience

DAY 3 | TOKYO

This is your day, 100% your way. But if you need some recommendations, we've got your back. Ready to plunge into a world of manga and anime? Explore Tokyo's famous Akihabara district on an optional tour. Later, you can wander the futuristic neon-lit streets of Shibuya. Or join an optional full-day tour of Mt Fuji and Hakone. Fill your camera roll with scenes of Japan's most ICONIC landscape. Check out the Oshino Ninja Village (as awesome as it sounds). Cruise across stunning Lake Ashi. And soak up the beauty of the serene Hakone Shrine. This is what you came for.



MEALS:

- Breakfast



OPTIONAL ACTIVITIES:

- Anime & manga tour of Tokyo: from 13,200 JPY
- Full day tour of Mt Fuji and Hakone (with lunch): prices available locally

DAY 4 | TOKYO – KYOTO

Up and at 'em: it's an early start to get the Shinkansen (bullet train FYI) to Kyoto. Home to over 2,000 temples and shrines this place ticks all the spiritual boxes. After lunch, we'll visit the incredible Fushimi Inari Shrine – with plenty of time to hike to the top and explore the torii gates. Then the afternoon is yours. If you want, spend the rest of the day dressed up as a geisha or samurai (we told you it would get weird). Tonight, we'll regroup for an included dinner – another chance to show off your chopstick skills. Or not.



MEALS:

- Breakfast
- Dinner



INCLUDED TODAY:

- Visit the Fushimi Inari Shrine
- Train ticket to Kyoto



OPTIONAL ACTIVITIES:

- Dress as a geisha or samurai: from 10,533 JPY

DAY 5 | KYOTO

Time to explore this place with our expert Trip Leader. We'll tick off the Kinkaku-ji Golden Pavilion before moving on to Arashiyama to visit the Tenryu-ji Temple. Grab a bite to eat then head out to explore the sprawling bamboo forest and Togetsu-kyo bridge. Then, the rest is up to you. Lose yourself, find yourself, then grab a biru at a local watering hole.



MEALS:

- Breakfast



INCLUDED TODAY:

- Walking tour of Kyoto with Trip Leader (including Kinkaku-ji Temple)
- Visit the Arashiyama bamboo forest

DAY 6 | KYOTO – OSAKA

Just when you thought your jeans couldn't get any tighter – today we're headed for Osaka: the foodie capital of Japan. Here, they even have a word for "scoff till you drop": kuidaore. Down your cup of matcha – we've got a late morning food tour of Osaka's backstreets to sink our teeth into. We'll finish up at Kuromon Market where you'll have the chance to try okonomiyaki (teppanyaki pancakes) and takoyaki (fried octopus balls). They're tastier than they sound, trust us. Tummies full – the rest of the afternoon is yours for the taking. Whatever you get up to, just make sure you're back in time for tonight's included dinner.



MEALS:

- Breakfast
- Dinner



INCLUDED TODAY:

- Train ticket to Osaka
- Food tour of Osaka's backstreets

DAY 7 | OSAKA

Time to say sayonara to the Land of the Rising Sun. Swap those Insta handles – you're going to need them to organise next year's reunion trip. What's next? We've got Delve Deep trips to Southeast Asia which you can hop straight on. Just saying...



MEALS:

- Breakfast

OTHER INFORMATION

TOPDECK APP

Feeling appy? Download the Topdeck app and get PUMPED for the adventure ahead. Best bit is: from 45 days before departure you'll be able to chat with your soon-to-be tripmates.

Plus, get your itinerary at your fingertips – so you know where you'll be going and what you'll be doing on each day of your trip. Nice!

Links:

Apple <https://apps.apple.com/gb/app/topdeck/id994727866>

Android <https://play.google.com/store/apps/details?id=com.FlexiTechSolutions.TopDeck&hl=en>



YOUR SAFETY

NIGHTS OUT

We love a good night out – experiencing the nightlife and entertainment places have to offer is a big part of travelling. But alongside the fun it's important to be aware of your surroundings and personal safety.

When you're out late, remember to avoid walking alone – particularly through deserted areas like beaches and back streets. Always stick together, take a registered taxi where possible, and keep a note of your accommodation so you can find your way back to your fellow Topdeckers if you become separated. Make sure you have your trip mates' mobile numbers in case you need to get hold of them while out and about.

In some countries, alcoholic measures can be considerably larger than what you may be used to. Try to keep track of what you're drinking – and if you see one of your trip mates looking a little worse for wear, take them back to your accommodation. Never leave your drink unattended.

It's also important to be aware that what you might consider harmless flirting may be interpreted differently in some countries. Be yourself and have fun, but stay savvy – you don't want to find yourself in an uncomfortable situation.

DRUG USE

Topdeck has a strict zero-tolerance drug policy. Customers should not bring any illegal substances onto the Topdeck coach or into any of the accommodation we stay in on our trips. This includes marijuana – even if it is legal in some of the states your trip passes through. If you are found in possession of drugs, you will be removed from the trip immediately. All instances of drug possession will be reported to Topdeck Head Office, who may consider alerting the relevant authorities.

REMEMBER: if you are found in possession of drugs, not only do you risk getting in trouble with the local police, but our Driver will also be held responsible if they are found on the Topdeck coach. Trust us, you don't want that to happen to any of our Drivers – they're awesome.

MENTAL HEALTH AND WELLBEING

Culture shock, homesickness, random periods of feeling down – these things happen and are totally normal. You can rest assured that if you're feeling low, your Topdeck crew will do their utmost to cheer you up.

Measures you can take to look after your mental health and wellbeing while on the road with us are:

- Call home. Sometimes it's nice to hear a familiar voice and have a good old-fashioned catch up with your loved ones
- Eat well. Never underestimate the power of a good, wholesome meal. Nobody feels at their best when they're hungry!

- Drink responsibly. Not only will you swerve the dreaded hangover, but by keeping an eye on what you drink you could also avoid getting into any potentially uncomfortable situations
- Talk to your Trip Leader. Don't forget, they're probably far from home too – so they're sure to know some tried- and- tested ways to beat the blues
- Integrate with your fellow Topdeckers. This one is key! The more fun you're having on your trip, the less likely you are to feel homesick (fact!)

TRAVEL SINCE COVID-19

Travel looks a bit different since COVID-19. That's why we've put some new procedures in place to help keep you safe on the road.

What remains the same? Your Topdeck trip will be run hygienically, responsibly, and with your safety at the forefront of everything we do. End of.

Here's the info: <https://www.topdeck.travel/resources/travel-safely>

RESPECT ON THE ROAD

RESPECTING FELLOW TRAVELLERS

Our trips are for everyone. We're a family – and we want every Topdecker to have an incredible time.

What we're not about is excluding people or making them feel like they don't belong. That's why we always encourage Topdeckers to be kind and courteous to their fellow tripmates . The golden rules? Respect each other's space, be mindful of causing excessive noise in shared accommodation, and treat others how you'd wish to be treated. Easy!

HOW TO BE A RESPONSIBLE TRAVELLER

Responsible travel isn't difficult to achieve. With a little conscious thought and preparation, you can have an awesome adventure AND a positive impact on the places you visit. Sweet!

Here are five things you can do to ensure you're travelling responsibly:

- Conserve water. You know the drill – reuse your room towels, take short showers and remember to turn off the tap when you're brushing your teeth
- Reduce your waste. Ditch the plastic bag, refuse unnecessary packaging, dispose of your waste responsibly and recycle as much as possible
- Go local. Hunt down locally owned and operated restaurants and bars, shop in local markets, and book tours and activities run by local guides
- Consider the wildlife. Avoid any attractions that involve closely engaging with wild animals
- Respect local people and culture. Obeying local laws is a given – but also remember to dress and behave in a manner appropriate to the community. Be polite and keep an open mind!

INSURANCE

Before your trip departs, it's compulsory for all passengers to take out comprehensive travel insurance covering cancellation, medical expenses (including repatriation), loss or damage to baggage and personal belongings, money and personal liability.

Head to our FAQ for more info: <https://www.topdeck.travel/resources/faqs-0>

Got more Qs? Chat with our Customer Service team: <https://www.topdeck.travel/about-us/contact>

PASSPORTS AND VISAS

Please make sure your passport is valid for at least six months after the last day of your trip. Some countries will refuse entry if you do not have at least six months validity remaining on your passport after your departure date. Depending on your nationality, you may require a visa to enter certain countries.

It is your responsibility to obtain visas prior to your trip's departure. To determine which visas you'll need, you can consult either your own government's website or the government websites of the countries in which you will be travelling. Check out our handy interactive map showing global visa requirements:

<https://www.topdeck.travel/resources/latest-border-restrictions>

PLEASE NOTE: some visas can take up to six weeks to acquire, so don't leave it until the last minute. Also, bear in mind that the validity of a visa often runs from its date of issue rather than the date of entry into the country. Please check with the appropriate embassy/embassies prior to departure, as requirements do change periodically.

TIPPING

Basically: it's not necessary.

Your Trip Leader and Driver don't expect tips, and they won't ask for any either. Meaning? More dollar to spend on optional activities (and a souvenir for your nan).

WHAT TO BRING

Based on our experience, these items are key. Everyone's different though – so if you want to bring more or less, go for it (as long as you don't exceed your 20kg allowance, that is!).

Off to Japan? Your luggage must be no bigger than 160cm in total (height x width x length). So maybe leave the hairdryer at home.

Psst: this is a packing list for Topdeck trips in general. Obv you'd look silly splashing around the Greek islands in a snowsuit.

- 1 pair of comfortable walking shoes + 1 pair of smart casual shoes
- 1 pair of thongs/jandals/flip-flops
- 2 pairs of jeans/trousers
- 2 pairs of shorts/skirts
- 4 shirts/T-shirts
- 2 sweaters/jumpers
- Smart casual evening wear
- 1 warm jacket + 1 rainproof jacket

- Underwear and socks + swimwear
- Towel
- Toiletries
- Hat and sunscreen
- Basic medical kit (including plasters, aspirin etc)
- Adaptor plug
- Reusable water bottle
- Snow gear



THAT'S IT!