

Topdeck

DELVE DEEP: THAILAND



TRIP CODE:
TSTBP2

TOPDECKER, meet Asia (TD)

TRIP VIBE = iconic sights and in-depth adventures with a local Trip Leader. Looking for a trip that's not same same, but different? You've found it. This is your insider guide to the Land of Smiles. Expect: buzzy Bangkok and paradisaal Phuket. Out-of-this-world beaches, fairytale lakes and tangled rainforests. Finger-lickingly good street food. And more tradition, temples and tropical vibes than you can shake a satay skewer at. Let's GO!

WORTH NOTING...

A Sector trip is part of a larger journey, meaning your new friends might continue on or after you leave, or you might be joining a trip already in progress.

WHAT YOU NEED TO KNOW



Delve Deep



Nights



Android/iPhone
app download
info



This is a sector
trip.

Hi, and thanks for choosing to holiday with Topdeck

You can rest assured that we'll pull out all the stops to make your trip unforgettable.

Now it's time to get excited about your holiday...

ABOUT YOUR TRIP NOTES

These Trip Notes contain everything you need to know before your trip departs – including where to meet and what to bring. We recommend that you read these notes thoroughly so you know what to expect on your trip of a lifetime. Also, you can easily download and print this document off so you can bring it with you when you travel.

Please bear in mind that some points should be taken as a guide only – after all, everyone's different! For example, daily spending money and clothing lists can vary from one person to the next, so don't be alarmed if you don't expect to spend (or even wear) so much!

PLEASE NOTE: We strongly urge you to refresh this document as close to the time of your departure as possible to ensure you have the most up-to-date accommodation list and information available.

ON THE BUCKET LIST (INCLUDED)

- + Overnight train to Surat Thani
- + Overnight experience in an ecolodge
- + Kayaking on Cheow Lan Lake
- + Visit Nam Talu Cave
- + Overnight experience in a floating raft house
- + Phuket street food tour
- + Hike Phuket's secret viewpoints

MORE INCLUSIONS

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YOUR TRIP WILL START

PICK UP:

Bangkok
Thailand

YOUR TRIP WILL FINISH

DROP OFF:

Phuket
Thailand

TRIP CURRENCIES

- + Thailand -

YOUR ITINERARY

DAY 1 | BANGKOK (THAILAND)

Ready to discover the unknown? Embrace the new and exotic? Delve deep into a richer-than-rich culture? You're in EXACTLY the right place. First: say sawasdee (sah-wah-dee) to your fellow explorers. Then, we'll kick things off with our first group dinner. Early disclosure: chawp pet noi (chop-pet-noy) is a phrase some of you will need to remember – meaning you like things 'a little bit spicy'. Best used when ordering food.



MEALS:

+ Dinner

DAY 2 | BANGKOK – SURAT THANI

Take a deep breath. It's time to try and pronounce Bangkok's real name: Krung Thep Mahanakhon Amon Rattanakosin Mahinthara Ayuthaya Mahadilok Phop Noppharat Ratchathani Burirom Udomratchaniwet Mahasathan Amon Piman Awatan Sathit Sakkathattiya Witsanukam Prasit. Piece of cake. Today, Krung Thep is yours for exploring. Head off the tourist trail and discover the coconut-filled jungle on an optional bike tour. Practice your foot jabs and switch kicks in a Muay Thai boxing class. Unleash your inner zen at an optional yoga class. Or just get lost in the city's maze of luxe temples and serene golden Buddhas. Later: wave goodbye to Bangkok – we're travelling like a local this evening and jumping aboard the sleeper train. Shotgun top bunk!



MEALS:

+ Breakfast



INCLUDED TODAY:

+ Overnight train to Surat Thani



OPTIONAL ACTIVITIES:

- + Yoga class: prices available locally
- + Muay Thai boxing class: prices available locally
- + Half-day bike tour of Bang Kra Jao jungle (including lunch): prices available locally

DAY 3 | SURAT THANI – KHAO SOK NATIONAL PARK

Say lah gorn to the locals and hop off the train: this morning we're heading to Khao Sok National Park, where jungle really IS massive. After we've checked into our rustic ecolodge and soaked up some serious tropical vibes, the afternoon's yours to delve deeper. Get your hike on with an optional tour around the jaw-dropping park to spot the resident wildlife – it's like being dropped straight into The Jungle Book. Or flex those chef skills at an authentic Thai cooking class (good luck – you'll be eating it after). Tonight: listen out for the buzzing of the cicadas and the distant hoo-hoos of the gibbons. This is what you came for.



INCLUDED TODAY:

+ Overnight experience in an ecolodge



OPTIONAL ACTIVITIES:

- + Hike through Khao Sok National Park with local guide: prices available locally
- + Traditional Thai cooking class: prices available locally

DAY 4 | KHAO SOK NATIONAL PARK

Tums filled with another tropical fruit-laden breakfast, today we've got the super-stunning Cheow Lan Lake in our sights. Not to boast, but this lake is big (like, REALLY big), with magical limestone cliffs and beautiful islands galore. Time to activate explorer mode and get out there! Dive into the crystal-clear water and make BFFs (or not) with the local fish. Jump in a kayak and weave around the ultra-dramatic rock formations. And channel your inner Indiana Jones to discover Nam Talu Cave and the glittering hidden waterfalls. Lunch and dinner are on us today, so expect more drool-worthy, rainbow-coloured dishes of dreams. And tonight? We're hunkering down in a traditional raft house bobbing along the twinkling lake. FYI this is a Wi-Fi-free zone – it's time to switch off and immerse yourself completely.



MEALS:

- + Breakfast
- + Lunch
- + Dinner



INCLUDED TODAY:

- + Kayaking on Cheow Lan Lake
- + Visit Nam Talu Cave
- + Overnight experience in a floating raft house

DAY 5 | KHAO SOK NATIONAL PARK – KO PHA NGAN

All aboard! This morning we're hopping on a local long-tail boat to the mainland before making a beeline for the INCREDIBLE island of Koh Phangan. Think: lush rainforest, gleaming white beaches (sunbathers essential) and turquoise water so dreamy even the Little Mermaid would want to stay there. AND you've got the afternoon to explore it all. Hell. Yes. Need some recommendations? Your in-the-know Trip Leader's got them by the bucketload. This evening: track down a piping-hot dish of pad thai, grab a satay skewer and end the day on a high. Cocktails at sunset, anyone?



MEALS:

- + Breakfast

DAY 6 | KO PHA NGAN

You wanted time to delve deeper, so you've got it. Today is totally up to you – but we've got the inside scoop, obv. Keen to leave Full Moon vibes to the moon itself and discover some hidden gems instead? Stick around the north coast, where Hat Khuat and Hat Thian beaches are all about the chill scene. Go chasing waterfalls (and beaches and bars) on a locally guided tour of the island. Or crack into a coconut and relax poolside back at the hotel. Tonight, round up your trip mates and prepare for more satay, spicy soup and shrimp salad. Sparkling convo = guaranteed.



MEALS:

- + Breakfast



OPTIONAL ACTIVITIES:

- + Tour of Ko Pha Ngan with local guide: prices available locally

DAY 7 | KO PHA NGAN – PHUKET

Truth bomb: today is a bit of a drive day. We'll be making tracks for Phuket via land and sea, so stock up on local snacks, soak up the tropical views, and put the lingo skills of your travel buds to the test. When we arrive, it's time to hit the ground running with an included street food tour. Expect: alllll the tingling senses. We'll wander through the maze of buzzing, steaming food stalls to sample mouth-watering chicken kebabs and crispy fried crickets (sorry Jiminy...), before a masterclass in making coconut cake. Mmm. Then: did someone say mango sticky rice? Get in our belly. To round things off, head up Khao Rang viewpoint and check out this dazzling city by night. You won't regret it.



MEALS:

- + Breakfast
- + Dinner



INCLUDED TODAY:

- + Phuket street food tour

DAY 8 | PHUKET

Eye-popping architecture. Lip-smacking eats. And a fascinating fusion of cultures and traditions. This immense island sure packs a punch – and today it's 100% yours to delve deeper. Opt for a day trip speedboating around the Phi Phi Islands for more emerald waters, crazy-gorgeous beaches and mind-blowing scenery. Or do a Dora and explore the lesser-visited mangrove forests of the north on an optional hike-and-kayaking adventure. Ready for round two of Muay Thai? There's a chance to brush up your skills if you're keen. Or get your sweat on at an optional hot yoga class. Tonight: gather the fam and find a local haunt for some seriously fiery green curry, or panang if you actually *don't* want to spice up your life.



MEALS:

- + Breakfast



OPTIONAL ACTIVITIES:

- + Full-day boat tour of the Phi Phi Islands (including lunch): prices available locally
- + Half-day hiking and kayaking in northern Phuket (including dinner): prices available locally
- + Muay Thai boxing class: prices available locally
- + Hot yoga class: prices available locally

DAY 9 | PHUKET

Bad news = it's our last day in paradise. Good news = we've got some incred optionals lined up, so you're sure as hell going to make the most of it! Get high jungle-style on a zip-lining escapade through the wild, twisted forest. Or spend an unforgettable morning at an ethical sanctuary for rescued elephants to see these majestic creatures roam the jungle and wide-open fields. You'll feed them snacks (don't be stingy – these guys never forget), and watch them bathe, play and generally live their best elephant lives. It's all the feels. And later? Strap on those hiking boots one last time – we're off to discover two of Phuket's stunning secret viewpoints. Local knowledge = levelled up. Tonight, settle in for our final group dinner. WHAT an adventure it's been.



MEALS:

- + Breakfast
- + Dinner



INCLUDED TODAY:

- + Hike Phuket's secret viewpoints



OPTIONAL ACTIVITIES:

- + Visit an elephant sanctuary (including lunch): prices available locally
- + Zip-lining in the forest (including lunch): prices available locally

DAY 10 | PHUKET

Ten days of UN-believable local experiences, gobsmacking views and ultimate eats? Completed. But now it's time to say goodbye. Sob. What's that? You're gonna jump on the next flight to Bali and join our Delve Deep trip there? We LOVE your style.



MEALS:

+ Breakfast

TIPPING

NO TIP NECESSARY

Your Topdeck Trip Leaders and Drivers never expect tips, and they won't ask for any either. We also know how much tipping can cost you. So go ahead – spoil yourself with the money you save traveling with us (just don't forget Mum's souvenir).

TOPDECK TRAVEL APP

Our app is available to download before you travel. With a range of cool features including a currency converter, budget planner, check-in tool and group chat, it'll help you plan your trip like a pro. Think of it as your very own Topdeck Trip Leader in the palm of your hand.

TRIP GROUP CHAT

Connect with your fellow Topdeckers before you depart and begin your magical friendship in the flash of a winking face emoji.

ITINERARY VIEWER

Get the lowdown on where you'll be going and what activities you'll be doing on each day of your trip with this handy little tool.

CHECK-IN

Plug in all your vital deets and we'll keep them safe for when you really need them. Making your life easier, one swipe at a time.

BUDGET TRACKER

Keep an eye on your holiday spending, leaving you with more FUN-ds to play with. Think: elaborate Spanish feasts (not questionable supermarket sandwiches).

MAPS

Navigate your way to meeting points and lesser-known local gems using pins dropped by your Trip Leader, seek out your own bucket list sites and take to the streets like a pro.

Once the trip is over, you'll need the app to give us feedback about your trip experience. We love to hear what you thought about your trip, as it helps to give us an idea of the things we're doing well and the things we could be doing

better.

PLEASE NOTE: The Topdeck Travel App should only be downloaded once you have booked your trip. You will not be able to log in unless you have a Topdeck booking reference number.

[GET IT FOR IPHONE](#)

[GET IT FOR ANDROID](#)



PASSENGER SAFETY

NIGHTS OUT

One of the best parts of travelling is experiencing the nightlife and entertainment each city has to offer. However, amidst the fun and excitement, it's important to be aware of your surroundings and personal safety as well. Before you hit the road with us, be sure to familiarise yourself with the following safety information.

When you're on a night out, remember to avoid walking alone, particularly through deserted areas like beaches and back streets. Always stick together, take a registered taxi where possible, and keep a note of your accommodation details so you can find your way back to your fellow Topdeckers if you become separated. It's also a good idea to get your Topdeck trip mates' mobile numbers in case you need to get hold of them while out and about.

In some countries, alcoholic measures can be considerably larger than what you may be used to. Try to keep track of what you're drinking, and if you see one of your trip mates looking a little worse for wear, take them back to your accommodation. Never leave your drink unattended.

It's also important to be aware that what you might consider harmless flirting may be interpreted differently in some countries. Be yourself and have fun, but stay savvy – you don't want to find yourself in an uncomfortable situation.

RESPECTING FELLOW PASSENGERS

Here at Topdeck, we're all about inclusivity. We want to make sure that everyone has a great time on our trips, and that everyone feels like they're part of one happy Topdeck family.

What we're not about is excluding people or making them feel like they don't belong – that's just not what families do. That's why we always encourage Topdeckers to be kind and courteous to their fellow passengers. The golden rules? Always remember to respect each other's space, be mindful of causing excessive noise in shared accommodation and treat others how you'd wish to be treated yourself. Easy!

DRUG USE

Topdeck has a strict zero-tolerance drug policy. Passengers should not bring any illegal substances onto the Topdeck coach or into any of the accommodation we stay in on our trips. This includes marijuana, even if it is legal in some of the states your trip passes through. If you are found in possession of drugs, you will be removed from the trip. All instances of drug possession will be reported to Topdeck Head Office, who may consider alerting the relevant authorities.

REMEMBER – if you are found in possession of drugs, not only could you risk getting in trouble with the local police, but our Driver will also be held responsible if drugs are found on the Topdeck coach. Trust us, you wouldn't want that to happen to any of our Drivers – they're awesome.

MENTAL HEALTH AND WELLBEING

Culture shock, homesickness, random periods of feeling down – these things happen and are totally normal. You can rest assured that if you're feeling low, your Topdeck crew will do their utmost to cheer you up again.

Measures you can take to look after your mental health and wellbeing while on the road with us are:

- + Call home. Sometimes it's nice to hear a familiar voice and have a good old-fashioned catch up with your loved ones
- + Eat well. Never underestimate the power of a good, wholesome meal. Nobody feels at their best when they're hungry!

- + Drink responsibly. Not only will you swerve the dreaded hangover, but by keeping an eye on what you drink, you could also avoid getting into any potentially uncomfortable situations
- + Talk to your Trip Leader. Don't forget, they're probably far from home, too – so they're sure to know of some tried-and-tested ways to beat the blues
- + Integrate with your fellow Topdeckers. This one is key! The more fun you're having on your trip, the less likely you are to feel homesick (trust us).

HOW TO BE A RESPONSIBLE TRAVELLER

Responsible travel isn't difficult to achieve. With a little conscious thought and preparation, you can have an awesome holiday AND have a positive impact on the places you visit. Sweet!

Here are five things you can do to ensure you're travelling responsibly:

- + Conserve water. You know the drill – reuse your hotel towels, take short showers and remember to turn off the tap when you're brushing your teeth
- + Reduce your waste. Ditch the plastic bag, refuse unnecessary packaging, dispose of your waste responsibly and recycle as much as possible
- + Go local. Hunt down locally owned and operated restaurants and bars, shop in local markets and book tours and activities run by local guides
- + Consider the wildlife. Avoid any attractions that involve closely engaging with wild animals
- + Respect local people and culture. Obeying local laws is a given – but also remember to dress and behave in a manner appropriate to the community. Be polite and keep an open mind!

OTHER INFORMATION

INSURANCE

Before your trip departs, it's compulsory for all passengers to take out comprehensive travel insurance covering cancellation, medical expenses (including repatriation), loss or damage to baggage and personal belongings, money and personal liability.

World Nomads provides comprehensive travel insurance for people from over 140 countries. For more information, visit www.topdeck.travel/travel-insurance.

PASSPORTS AND VISAS

Please make sure your passport is valid for at least six months after the last day of your trip. Some countries will refuse entry if you do not have at least six months validity remaining on your passport after your departure date. Depending on your nationality, you may require a visa to enter certain countries.

It is your responsibility to obtain visas prior to your trip departure. To determine which visas you'll need, you can consult either your own government's website or the government websites of the countries in which you will be travelling.

PLEASE NOTE: Some visas can take up to six weeks to acquire, so don't leave it until the last minute. Also, bear in mind that the validity of a visa often runs from its date of issue rather than the date of entry into the country. Please check with the appropriate embassy/embassies prior to departure, as requirements do change periodically.

WHAT TO BRING

Based on our experience, these items are key. Everyone's different though – so if you want to bring more or less, go for it (as long as you don't exceed your 20kg allowance, that is!)

Heading on our Namaste India trip? Your luggage is capped at 15kg, so maybe leave the hairdryer at home.

- + 1 pair of comfortable walking shoes
- + 1 pair of smart casual shoes
- + 1 pair of thongs/jandals/flip-flops
- + 2 pairs of jeans/trousers
- + 2 pairs of shorts/skirts
- + 4 shirts/T-shirts
- + 2 sweaters/jumpers
- + Smart casual evening wear
- + 1 rainproof jacket
- + 1 warm jacket
- + Underwear and socks
- + Swimwear
- + Towel
- + Toiletries
- + Hat and sunscreen
- + Basic medical kit (including plasters, aspirin etc)
- + Insect repellent
- + Conversion plug
- + Reusable water bottle
- + Snow gear



THAT'S IT!